

International
Training
Workshop for
Psychotherapy
(ITWP)

Basics of Psychodynamic Understanding

**In Commemoration of the 150th Anniversary of the Birth of Sigmund Freud —
An Invitation to graduate students and young scholars in the field of Psychotherapy**

The emergence of psychotherapy as a prism into the workings of the human mind is among the greatest achievements of the 20th century. It is difficult to overestimate the importance of this approach to both understanding and healing the emotional conflicts that do battle in the minds of so many people struggling to find balance in an unbalanced world. The world we live in today calls to mind another era — the collapse of the Roman Empire. We are surrounded by many intractable conflicts, from the so-called "war on terror," to civil strife in virtually every corner of the world, to natural disasters that destroy villages and wreak havoc on human lives, to the erosion of social values and the collapse of family order that can also take a devastating emotional toll. These stresses know no national or cultural boundaries. It is a global age not only for communication and technology, but also for the trauma of modern life in uncertain times. As scientists and psychotherapists, we need to be equipped to extend our expertise into the global scheme of things. We are obliged to seek ways of creating safe spaces in human minds around the world, especially in our modern highly technological and rapidly changing world. Doing so requires developing sensitivity to the cultural dimensions of psychotherapy. Sigmund Freud bequeathed to us a marvelous tool for healing troubled souls. Psychotherapy offers many more possibilities for resolving the turmoil in modern human life. Also, the younger generation of psychotherapists seem to have the potential to transcend the present constraints within the field of psychotherapy. This workshop is an opportunity for you to join with others who share your concern about how to translate the ways and means of psychotherapy to suit the needs of a globalized world in a state of flux and turmoil. Please join us for explorations into how to refine new approaches in psychotherapy that will allow us to carry the torch we have received from Sigmund Freud into the new century and beyond.

Organizer

Hidefumi Kotani
Professor, Graduate School Division of Education
Director, ICU Institute for Advanced Studies of Clinical Psychology

March 11-12, 2006

Hawai'i Convention Center 1801, Kalakaua Ave.
Honolulu, HI 96815 U.S.A.

Advisory Board

Norihiko Suzuki (President, International Christian University, Japan), **Lane V. Rawlins** (President, Washington State University, U.S.A.), **Alfred Pritz** (President, World Council for Psychotherapy, Austria), **Morton Kissen** (Professor, Derner Institute of Advanced Psychological Studies, Adelphi University, U.S.A.), **Fern Cramer-Azima** (Distinguished Fellow, American Group Psychotherapy Association, Canada), **Ichiro Agari** (President, Hiroshima International University, Japan), **Christer Sandahl** (President, International Association of Group Psychotherapy -IAGP-, Sweden), **Sabar Rustomjee** (Immediate Past President, IAGP, Australia), **Mikihachiro Tatara** (President, The Association of Japanese Clinical Psychology, Japan), **Maria van Noort** (Chair, Consultative Assembly of Affiliate Organizations, IAGP, Holland), **Haruo Kashima** (Professor, Keio University, School of Medicine, Japan), **Toshiki Ogawa** (Professor, The University of Tsukuba, Japan), **Jerry Cusumano** (Professor, Sophia University, Japan), **Daishin Hage** (Professor, Konan University, Japan), **Ian Parker** (Professor, Manchester Metropolitan University, U.K.), **Felix de Mendelssohn** (Professor, Sigmund-Freud University, Austria), **Harold H. Stern** (Visiting Professor, East European Institute of Psychoanalysis; Russia, U.S.A), **Robi Friedman** (Head, Counseling Center, Haifa University, Israel), **Judith Davis** (Director, Performance Development Associates, U.S.A.), **Seth Aronson** (Faculty, William Alanson White Institute, U.S.A.), **Kong Sim Guan** (Consultant Psychiatrist, Mount Elizabeth Medical Centre, Singapore), **Ta-jen Chang** (Superintendent, Chia-Nan Psychiatric Center, Taiwan)

Faculty

Core Faculty

Hidefumi Kotani, **Morton Kissen**,
Judith Davis, **Seth Aronson**

Faculty

Daishin Hage (Konan University), **Noriaki Tomabechi**, **Kaoru Nishimura**, **Masahiro Nishikawa** (ICU Graduate School Division of Education), **Kazunori Hashimoto** (The University of Tokyo, Counseling Center) **Shiori Usami** (The University of Kumamoto, School of Medicine) **Ken Ikegami** (The University of Kumamoto, School of Medicine)

Registration: 8:00 - 9:00, March 11, 2006

Program

**March
11**

Self Experience for Self-Understanding

9:00 - 10:30	Session 1	Large Group Experience	H.Kotani, M.Kissen
11:00 - 12:00	Session 2	Small Group Experience	all faculty
Lunch US \$ 16.00			
13:30 - 14:30	Session 3	Small Group Experience	all faculty
14:45 - 15:45	Session 4	Small Group Experience	all faculty
16:00 - 17:30	Session 5	Large Group Experience	H.Kotani, M.Kissen
18:00 -	Psychodynamic Dinner	US \$ 40.00	

**March
12**

Learning from Case Studies through Systems Discussion

Case Seminar I: Understanding a female adolescent process 8:30 - 12:45
Co-Chairs: Judith Davis and Seth Aronson

8:30 - 9:15 Case Presentation
Presenter: Tomoko James, Assistant Instructor, ICU Institute for Advanced Studies of Clinical Psychology

9:30 - 11:00 Small Group Discussion
Supervisors: all faculty

11:15 - 12:45 Whole Group Integration

Lunch US \$ 16.00

Case Seminar II: Understanding a male adolescent process 14:00 - 18:00
Co-Chairs: Morton Kissen and Hidefumi Kotani

14:00 - 14:45 Case Presentation
Presenter: Kazunori Hashimoto, Psychologist, Counseling Center, The University of Tokyo

15:00 - 16:30 Small Group Discussion
Supervisors: all faculty

16:45 - 18:00 Whole Group Integration

18:00 - Psychodynamic Farewell Free

Extension

March 13

**Study Tour : Department of Psychology, Department of Psychiatry,
The University of Hawaii**

Participants: Graduate Students - MA and Post MA students, Ph.D. and Post Ph.D. students

A recommendation letter from your academic adviser or professional supervisor is required.

Participation Fee: **Free**

Language: **English and Japanese**

Contact: **Tomoko A. James, Ph.D.**

**International Christian University (ICU)
Institute for Advanced Studies of Clinical Psychology**

Osawa 3-10-2, Mitaka-shi, Tokyo 181-8585,
JAPAN

Tel & Fax +81-422-33-3655
e-mail iascp@icu.ac.jp

