

留学

STUDY  
ABROAD

# 君の学びが 世界で色づく。

Learn globally, broaden your perspective,  
and build bridges with others.

# 41カ国/地域 100大学+41プログラム※、 世界に広がるICUの学びのフィールド。

※右下「海外留学プログラム」参照

# ICU's Study Abroad Destinations 41 countries/regions 100 universities + 41 programs\*

\*See "Study Abroad Programs" at the bottom of the page.

## Partner Institutions

### Canada

- University of Alberta [Exchange](#)
- The University of British Columbia [Exchange](#) [Fr.SEA](#) [Summer](#)
- British Columbia Institute of Technology [Exchange](#)
- McGill University [Fr.SEA](#)
- University of Victoria [Fr.SEA](#) [So.SEA](#)
- University of Windsor [Exchange](#)

### United States

- University at Buffalo, The State University of New York [Exchange](#)
- University of California [Exchange](#)
  - Berkeley [Summer](#)
  - Davis
  - Irvine
  - Los Angeles
  - Merced
  - Riverside
  - San Diego
  - Santa Barbara
  - Santa Cruz
- Drexel University [Exchange](#)
- Duke University [Exchange](#)
- Georgetown University [Exchange](#)
- Grand Valley State University [Exchange](#)
- Gulford College [Exchange](#)
- Haverford College [Exchange](#)
- University of Massachusetts Amherst [Exchange](#)
- Middlebury College [Exchange](#)
- The University of North Carolina at Chapel Hill [Exchange](#)

- The Ohio State University [Exchange](#)
- University of Pennsylvania [Exchange](#) [Summer](#)
- Pomona College [Exchange](#)
- Rutgers, The State University of New Jersey [Exchange](#)
- The University of Tennessee, Knoxville [Exchange](#)
- Washington and Lee University [Exchange](#)
- Washington State University [Exchange](#)
- Western Washington University [Exchange](#)
- Wilkes University [Fr.SEA](#)
- University of Wisconsin-Milwaukee [So.SEA](#)
- The College of Wooster [Exchange](#)

### Colombia

- The Pontificia Universidad Javeriana, Bogotá and Cali [Exchange](#)

### Chile

- Pontificia Universidad Católica de Chile [Exchange](#)

### Belgium

- Université Libre de Bruxelles [Exchange](#)

### Denmark

- Aarhus University [Exchange](#) [Summer](#)

### Estonia

- University of Tartu [Exchange](#)

### Finland

- Tampere University [Exchange](#)

### France

- Université Paris Cité [Exchange](#)
- l'Université de Toulouse Jean Jaurès [Exchange](#) [Fr.SEA](#)

### Germany

- Freie Universität Berlin [Exchange](#) [Summer](#)
- University of Münster [Exchange](#)

### Iceland

- University of Iceland [Exchange](#)

### Italy

- School in Italy [Middlebury](#)

### Lithuania

- Vytautas Magnus University [Exchange](#)

### Netherlands

- Maastricht University [Exchange](#)
- Tilburg University [Exchange](#)

### Poland

- University of Warsaw [Exchange](#)

### Slovak Republic

- Bratislava International School of Liberal Arts [Exchange](#)

### Spain

- Universidad de Málaga [Exchange](#) [Summer](#)

### Sweden

- University of Gothenburg [Exchange](#) [Summer](#)
- Linnaeus University [Exchange](#)

### United Kingdom

- Birkbeck, University of London [Exchange](#)
- Cardiff University [Exchange](#)
- University of Cambridge [Summer](#)
- CMRS Oxford Humanities Program [Middlebury](#)
- University of Durham [Exchange](#)
- The University of East Anglia [Exchange](#) [Summer](#)
- The University of Edinburgh [Exchange](#)
- University of Essex [Exchange](#)
- Goldsmiths, University of London [Exchange](#)
- University of Leeds [Exchange](#) [Summer](#)
- The London School of Economics and Political Science [Outgoing](#)
- University College London [Exchange](#)
- The University of Manchester [Exchange](#)
- Newcastle University [Exchange](#)
- The University of Sheffield [Exchange](#) [Fr.SEA](#)
- University of Sussex [Exchange](#) [Fr.SEA](#)
- School of Oriental and African Studies, University of London [Exchange](#) [Fr.SEA](#) [Summer](#)
- York St John University [Exchange](#)

### Ireland

- University College Dublin [Fr.SEA](#)

### Russian Federation

- The Moscow State Institute of International Relations [Exchange](#)

### China/Hong Kong

- The Chinese University of Hong Kong [Exchange](#) [Summer](#)
- The University of Hong Kong [Exchange](#)
- Hong Kong Baptist University [Exchange](#) [ACUCA](#)
- Lingnan University [Exchange](#) [ACUCA](#)
- Nanjing University [Exchange](#)
- Nanjing Normal University [Exchange](#)

### India

- Lady Doak College [Exchange](#)
- School in India [Middlebury](#)

### Indonesia

- Atma Jaya Yogyakarta University [ACUCA](#)
- Parahyanan Catholic University [ACUCA](#)
- Petra Christian University [Exchange](#) [ACUCA](#)
- Soegijapranata Catholic University [ACUCA](#)

### Korea

- Ewha Womans University [Exchange](#) [Summer](#)
- Handong Global University [ACUCA](#)
- Hannam University [ACUCA](#)
- Keimyung University [ACUCA](#)
- Korea University [Exchange](#)
- Sogang University [ACUCA](#)
- Soongsil University [ACUCA](#)
- Yonsei University [Exchange](#) [Summer](#) [LearnUs](#)

### Philippines

- Ateneo de Manila University [Exchange](#)
- De La Salle University [ACUCA](#)
- University of the Philippines [Exchange](#)
- Silliman University [Exchange](#)

### Singapore

- National University of Singapore [Exchange](#)

### Taiwan

- Fu Jen Catholic University [Exchange](#)
- National Chengchi University [Exchange](#)
- Tunghai University [Exchange](#) [Summer](#)

### Thailand

- Asia-Pacific International University [ACUCA](#)
- Mahidol University [Exchange](#)
- Thammasat University [Exchange](#) [Summer](#)

### Australia

- The University of Queensland [Exchange](#)
- Queensland University of Technology [Exchange](#)
- (Local high schools) [OTPP](#)

### New Zealand

- The University of Auckland [Fr.SEA](#)
- The University of Waikato [Exchange](#)

## Programs

各プログラムの詳細は中面をご覧ください。 Please see the inside for each program detail.

- Exchange** 交換留学プログラム  
Exchange Program
- ACUCA** ACUCA学生交流プログラム  
ACUCA Student Mobility Scheme
- Middlebury** 交換留学プログラム/  
Middlebury C.V.Starr  
Exchange Program / Middlebury C.V.Starr

- Summer** 夏期留学プログラム  
Summer Study Abroad Programs

- Fr. SEA** フレッシュマンSEAプログラム  
Freshman SEA Program

- So. SEA** ソファモアSEAプログラム  
Sophomore SEA Program

- FSA** 海外フランス語研修  
French Studies Abroad

- OTPP** 海外日本語教育実習  
Overseas Teaching  
Practicum in Japanese

- LearnUs** LearnUs Global Semester  
Program

## 海外留学プログラム Study Abroad Programs

アメリカに本部を置く非営利教育団体のIESおよびCIEEが実施するプログラム。

Programs administered by IES (Institute for the International Education of Students) and CIEE (Council on International Educational Exchange), educational organizations in the United States.

### IES PROGRAM

- Austria
- France
- Germany
- Ireland
- Italy
- Spain
- Australia
- Chile
- Argentina/Chile
- Ecuador
- New Zealand

### CIEE PROGRAM

● summer only ● one year or one semester

- Australia ●
- China ●
- Singapore ●
- Argentina ●
- Chile ●
- Costa Rica ●
- Mexico ●
- Czech Republic ●
- France ●
- Netherlands ●
- Ireland ●
- Italy ●
- Botswana ●
- China ●
- South Africa ●

# ICUの多彩な留学プログラム Study Abroad Programs at ICU

留学中に取得した単位は帰国後審査のうえ、40単位を上限にICUの単位として編入されます。  
Credits earned at partner institutions, a maximum of 40 credits, are recognized as part of the credit unit requirements for graduation from ICU.

## 3年次~ 交換 / 海外留学プログラム

Exchange / Study Abroad Programs

ICUと海外の姉大等との協定に基づき、学生を相互に派遣します。交換留学プログラム参加者はICUに在籍したまま、海外大学の正規授業で専門の学びを深めます。交換留学に参加した場合でも、4年間で卒業することが可能です。ACUCA学生交流プログラム、Middlebury, V. Starrのプログラム内で実施されます。

Based on the agreements concluded between ICU and overseas partner universities, ICU and the partner university send students reciprocally. Students taking part in this exchange program remain enrolled at ICU while they take subject courses with regular students at host university. In case of participating in the exchange program, it is possible to graduate in 4 years. Students will apply to the ACUCA SMS and Middlebury, V. Starr within this exchange program.

期間	主に1年間 (ICUの3学期間、秋~春学期) 1 year (ICU 3 terms, Autumn to Spring)		
長期留学 Long-Term	学びを深める Deepen your own studies	選考あり Screening is required	個人渡航 Individual Travel

## 1年次~ 海外英語研修 (SEA) プログラム

Study English Abroad (SEA) Program

英語圏にある大学等に留学し、リベラルアーツ英語プログラム (ELA) の単位の一部を取得します。実践的な英語学習に加え、多様な文化背景を持つ人々との交流により視野を広げることを期待しています。

Study English Abroad (SEA) Program is designed to earn a portion of the English for Liberal Arts Program (ELA) credits, while experiencing cultural and academic circumstances different from those in Japan.

1年次 フレッシュマンSEAプログラム Freshman	2年次 ソフィアモアSEAプログラム Sophomore	
選考なし (抽選) Screening is not required. (Lottery)	選考あり Screening is required	
期間 6週間、6月下旬~8月中旬 6 weeks between late June and mid August		
英語運用能力を伸ばす Improve further English proficiency	夏休み Summer Break	団体渡航 Group Travel

## 2年次~ 海外フランス語研修

French Studies Abroad

フランス語を学び、ホームステイなどの異文化交流をしながらの集中研修を通して、語学と文化の理解を深めます。修了時にフランス語能力試験TCF (Test de Connaissance du Français) を全員受験します。

French language study during the summer break while experiencing home-stay and cultural exchange. Students will take a standardized French language test (TCF).

期間 4週間、7月~8月上旬 4 weeks between July and early August			
フランス語を学ぶ Learn French language	夏休み Summer Break	選考なし Screening is not required	団体渡航 Group Travel

## LearnUs Global Semester Program

韓国の延世大学校 Underwood International College (UIC) と ICU が実施する秋学期1学期間の留学プログラムです。ICU、UIC 双方から約10名ずつ学生が集まり、前半はUICで、後半はUICで、テーマに基づいた講義やフィールドトリップに参加します。

This is a one-term study abroad program for autumn term conducted by Yonsei University Underwood International College (UIC) in Korea and ICU. 10 students from both ICU and UIC spend the first half of the program at ICU and the second half at UIC to attend lectures and participate in field trips based on a theme.

期間 1学期間 (ICUの秋学期) 1Term (Autumn Term of ICU)			
1学期留学 One-Term	学びを深める Deepen your own studies	選考あり Screening is required	個人渡航 Individual Travel

## 2年次~ 夏期留学プログラム

Summer Study Abroad Programs

長期休暇を利用し、海外大学や研修機関等に留学し、世界各地から集まる参加者と異文化に触れ、専門科目を英語で学び、その国・地域への見識を深めながら単位を取得します。各自の習熟度にあった英語以外の外国語を集中的に受講することができ、2年次以降、いつでも夏期留学プログラムに参加することが可能です。

During the long break, students study specialized subjects in English at prominent universities/institutes overseas and earn credits as they deepen their knowledge of the particular country and region. Students may also learn a foreign language other than English intensively. Students can choose to participate in Summer Study Abroad Programs at anytime after the 2nd year.

期間 2週間から6週間、6月下旬~8月中旬 2 to 6 weeks between late June and mid August			
専門科目を学ぶ Learn specialized subjects	夏休み Summer Break	選考あり Screening is required	個人渡航 Individual Travel

## 2年次~ 海外日本語教育実習

Overseas Teaching Practicum in Japanese

春学期に毎週1時間の授業において海外で行う教育実習の準備を行い、夏休み中の週間メルボルン市周辺の学校において日本語学習者に対して教育実習を行います。Those who prepare for teaching practicum can practice teaching with students studying Japanese in Melbourne. Students will take a preparatory class per week during the Spring term.

期間 3週間、7月~8月 3 weeks in July and August		
履修条件および面接あり Prerequisites & Screening are required	夏休み Summer Break	団体渡航 Group Travel

**CHECK >>> ICU国際交流室**

留学プログラムについてさらに詳しく知りたい方はウェブサイトで  
Visit our website for more details

# 留学のためのロードマップ Roadmap to Study Abroad

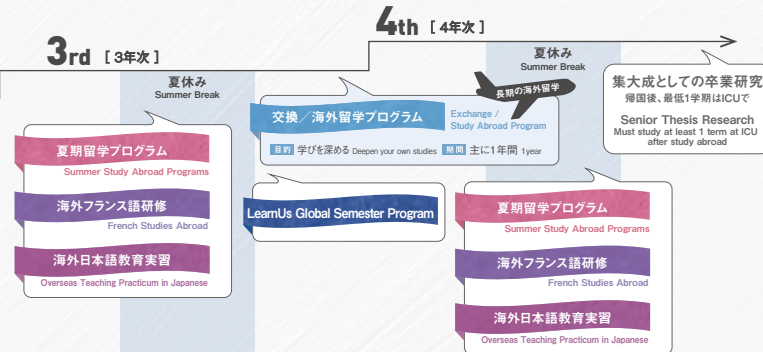
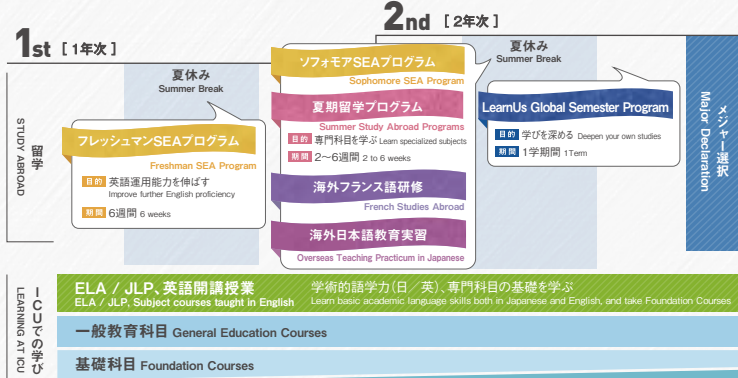
留学実現のために、余裕を持って準備しましょう。  
Preparing well in advance is the key to a successful study abroad experience.



**FUTURE! >>>**

# ICUでの学びと留学ステップ Learning at ICU and Steps of Study Abroad

ICUは3学期制。夏休みの2か月間が最も長い休暇となるため、夏休みに参加できるプログラムが充実しています。  
Adapting a trimester system at ICU, 2-months summer break is the longest break for students. Hence, we offer a variety of summer study abroad programs.



**ELA / JLP, 英語開講授業** 学術的語学力(日/英)、専門科目の基礎を学ぶ  
ELA / JLP, Subject courses taught in English Learn basic academic language skills both in Japanese and English, and take Foundation Courses

**一般教育科目 General Education Courses**

**基礎科目 Foundation Courses**

**専攻科目 Area Major Courses**

English for Liberal Arts Program (ELA) and Japanese Language Programs (JLP) are curricula to help students acquire either English or Japanese proficiency and a range of academic language skills in an intensive learning environment. ELA not only increases students' facility with English, but also enhances the critical thinking skills of the students, and cultivates the skills necessary to study effectively at ICU. Consequently, this is a very important introductory program to a liberal arts education.

## 留学体験談

**CHECK**  
体験談の続きはこちら  
Read More

**Study Abroad Stories**

一人ひとりが、その時その人にしかできない貴重な体験をしています。  
Each student had unique and precious experience he/she could do at that time.

**フレッシュマンSEAプログラム**

シカゴ大学(アメリカ)

Freshman SEA Program, The University of Sheffield (United Kingdom)

参加年次 1年次

Naoki Tamada (Major: 英語)

Naoki Tamada (Major: 英語)

- 1 英語圏で生活して英語を学びたかったため。  
I wanted to live in an English-speaking country and learn English there.
- 2 世界を知ることができる!特に馴染みのない文化(出身の人への交流は深刻!)  
Got familiar with the world I've never seen. I was really excited to interact with people from cultures unfamiliar to me!
- 3 人々に大きな影響を与え、とても貴重な経験ができたこと参加できてよかった!!  
I can have precious experience which would influence my life positively. It's better to participate in the SEA program.

**ソフォモアSEAプログラム**

ワシントン大学ウィスコンシン州(アメリカ)

Sophomore SEA Program, University of Wisconsin-Milwaukee (United States)

参加年次 2年次

Chiri Nakala (Major: Medica, Communication and Culture)

Chiri Nakala (Major: Medica, Communication and Culture)

**海外フランス語研修**

トゥールーズ大学ジャン・ジャクス(フランス)

French Studies Abroad, University of Toulouse, Jean-Jaques (France)

参加年次 2年次

Mayu Tsukamoto (Major: Media, Communication and Culture)

Mayu Tsukamoto (Major: Media, Communication and Culture)

**Question 1** なぜ留学? / Why Study Abroad?

**2** 印象に残っていること / What I learned

**3** 先輩へのメッセージ / Message for Future Participants

**夏期留学プログラム**

オーフス大学(デンマーク)

Summer Study Abroad Programs, Aarhus University (Denmark)

参加年次 3年次

Msato Tokaya (Major: Gender and Sexuality Studies)

Msato Tokaya (Major: Gender and Sexuality Studies)

**交換 / 海外留学プログラム**

ミンスター大学(ドイツ)

Exchange Program, University of Minsler (Germany)

参加年次 3年次

Ayuku Widner (Major: Psychology)

Ayuku Widner (Major: Psychology)

**交換 / 海外留学プログラム**

ブラチスラヴァ国際リベラルアーツ大学(スロバキア)

Exchange Program, Bratislava International School of Liberal Arts (Slovak Republic)

参加年次 4年次

Sakuya Oguri (Media, Communication and Culture)

Sakuya Oguri (Media, Communication and Culture)

**MIS Accelerated Entry Program**

ミッドレルビー大学MIS(Middlebury Institute of International Studies at Montrely)の修士課程で学び、ICU学生課程とあわせて約5年間でICUの修士号とMISの修士号の取得を目指す。

Students participating in this program study at the graduate school of Middlebury College, the Middlebury Institute of International Studies at Montrely, MIS, and earn a bachelor's degree from ICU and a master's degree from MIS in a total of approximately five years.

期間: 主に1.5年間(3 Semester) 1.5 years (3 semesters)

長期留学 Long-Term	修士号取得 Obtain a Master's Degree	選考あり Screening is required	個人渡航 Individual Travel
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# 教員メッセージ Message from Director



上級准教授 (ジェンダーと国際関係)  
国際教育交流室主任  
高松 香奈  
Kana Takamatsu  
Director, International Educational Exchange,  
Senior Associate Professor of Gender and International  
Relations, College of Liberal Arts

探求心をかき立て、将来への展望や可能性を広げましょう！  
Enhance your academic interest and broaden your future prospects and potential!

インターネットを利用して遠く離れた場所と簡単につながることができる時代に、留学する意義はあるのでしょうか。しかも、わざわざ飛行機代まで捻出、環境への負荷までかけて実現する留学は、楽しいばかりではありません。むしろ、言葉の壁、文化の違い、新しい関係性を日々構築する大変さなど、苦勞やストレスの方が多いのかも知れません。しかし、私は学生時代の留学で得られるものは大きいと確信しています。異なる学びの環境や価値観の中で得られる感動や試練から、様々な知見を得られると思います。このような経験は学術的な探究心を高め、そして将来への展望や可能性を広げる貴重な機会になると思います。ICUは世界各地での留学プログラムを提供しています。ぜひ、留学にチャレンジしてください。

We live in an era where the Internet makes it easy to connect with people anywhere. Is there any meaning in studying abroad? On top of that, we need to pay airfare and give environmental burden to go overseas. Moreover, studying abroad is more than just fun. Rather, there are more difficulties and stress, such as language barriers, cultural differences, and the problem of building new interpersonal relations. However, studying abroad has much to offer. The different learning environments and sense of values will give you various knowledge. Such experiences will enhance your academic interest and broaden your future prospects and potential. ICU offers various exchange programs around the world. Please challenge yourself to study abroad.

## 数字でみる

# ICU

### ICU at a Glance

ICUは国際性を使命の一つに掲げています。単位取得を目的とした大学が提供するプログラムを通して留学する学生が多いだけでなく、ICUキャンパスでも留学前の準備に適した環境が用意されています。ICUは就職相談グループによるサポートも充実しています。

ICU has set internationally as one of its missions. Not only that many students participate in the credit-bearing study abroad programs, but also ICU offers a perfect environment to get ready for overseas studies. Your career after graduation is well supported by ICU Placement Group.

## 国際性 International Outlook

### 在学中の留学経験率

Rate of students who study abroad before graduation

# 60%

### 留学したことに満足している

Rate of students who were satisfied with studying abroad

# 97.9%

2021-2022年度交換・海外留学プログラム参加学生アンケート調査者のうち「満足している」「満足しない」は就読本学生 Students participating in the exchange programs in AY2021-2022 and answering "Very satisfied" or "Satisfied" in questionnaires.

### 海外出身学生率

Percentage of students from abroad

# 14.4%

### 外国語による授業科目数比率

Classes taught in foreign languages

# 33%

THE 日本大学  
ランキング 2023  
【総合ランク】  
【教育充実度】  
1位  
私立大学

The Times Higher Education World University Rankings 2023 ranked 1st in the "Overall" and "Engagement" among private universities in Japan.

※1 在学生による本大学の評価 (教員との交流、国際学習機会、フットパシフィック・カンパカでの研修など)が評価される「教育充実度」 "Engagement" consists students' evaluation of their own universities' interaction with staff and faculty, collaboration with their peers, support for critical thinking skills, etc.

## 奨学金 Scholarships

### 留学のための奨学金を得て渡航する学生

Rate of students receiving study abroad scholarships

# 50.9%

※2 2022-2023年度 交換・海外留学プログラム参加学生実績  
※Rate of students participating in the Exchange/ Study Abroad Programs AY 2022-2023

## 就職 Employment

### 就職希望者の就職率

Employment rate among those seeking jobs

# 90%

※3 教養学部卒業生(651人)の進路実績 Based on responses of all (651) graduates of the College of Liberal Arts.  
※4 文部科学省「令和2年学校基本調査」参考 MEXT, School Basic Survey 2020

## 進学 To Further Education

### 進学率

Rate of those who were pursuing further education

# 15.4%

全国平均  
11.3%

2022年度実績 in AY2022

ICU 国際基督教大学  
INTERNATIONAL CHRISTIAN UNIVERSITY

国際基督教大学 国際交流室

〒181-8585 東京都三鷹市大沢3-10-2

International Office, International Christian University  
3-10-2 Osawa, Mitaka-shi, Tokyo 181-8585, Japan

TOP GLOBAL  
UNIVERSITY JAPAN

国際交流室ホームページ

<https://subsites.icu.ac.jp/lee/>

国際交流室 Instagram  
@icu\_lee

